

**Foundation Skills****Language/Literacy**

Oral language  
Phonological awareness  
Letter knowledge  
Print knowledge  
Writing

**Mathematics**

Number knowledge  
Geometric and spatial knowledge  
Pattern knowledge  
Measurement knowledge

**Self-Regulation**

Self-control of behaviors, emotions, and thoughts  
Concentrate on experiences, self, and others  
Executive function

**Social-Emotional**

Relationship skills, including social problem-solving skills  
Emotion knowledge  
Perspective-taking  
Personal responsibility

**Social Studies**

Positive sense of self  
Appreciation of individual and family diversity  
Knowledge of social and physical environments  
Concepts of time

**Creative Expression**

Appreciation of art, music, drama, and dance  
Knowledge of creative processes  
Skills that support creative expression

**Science**

Inquiry skills, including use of the five senses and tools  
Knowledge of
 

- living things
- animal habitats
- life cycles
- earth and space

**Physical/Health**

Motor development  
Good health practices